



PODIATRIC TREATMENT SAVES LIMBS, LIVES & MONEY

In 2017, the New York State Podiatric Medical Association (NYSPMA) commissioned a study by Navigant Consulting in response to New York State's Medicaid reform to advocate for the value of podiatric services to meet New York's healthcare goals. The NYSPMA study focused on four chronic conditions, including diabetes, obesity, substance abuse/back pain, and fall prevention. The findings were published in the white paper titled, "Podiatric Services Deliver Value and Improved Health Outcomes."

PODIATRIC SERVICES DECREASE HOSPITALIZATIONS & HEALTHCARE COSTS FOR PEOPLE WITH DIABETES

Podiatrists provide critical services to individuals with diabetes that decrease hospitalizations and healthcare costs. Foot ulcers in diabetic patients precede more than 8 in 10 non-traumatic amputations. In New York, 1.6 million people with diabetes have foot ulcers.¹ **Podiatric services for diabetic patients with foot ulcers prevent infection and amputation while improving function and quality of life.** The research-based study conducted by Navigant Consulting demonstrates decreased hospitalizations and lower healthcare costs for individuals with a diabetic foot ulcer who see a podiatrist compared to those who do not receive podiatric intervention.

37%

reduction in the odds of subsequent inpatient admission among persons diagnosed with foot ulcers that received services performed by a podiatrist.



The potential to reduce approximately

13,500

inpatient admissions for foot ulcers.

A savings opportunity of approximately

\$ 510 million

in healthcare costs in one year.

Inclusion of comprehensive podiatric services in value-based payment arrangements results in reduced diabetes-related hospitalizations and lower healthcare costs.

The NYSPMA complete white paper is available upon request. For more information or to find a podiatrist in New York State, visit nyfoothealth.com.

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¹ Sumpio et al: The role of interdisciplinary team approach in the management of the diabetic foot. *New England Journal of Medicine*, 2010;51:1504-6.