



PODIATRIC TREATMENT SAVES LIMBS, LIVES & MONEY

In 2017, the New York State Podiatric Medical Association (NYSPMA) commissioned a study by Navigant Consulting in response to New York State's Medicaid reform to advocate for the value of podiatric services to meet New York's healthcare goals. The NYSPMA study focused on four chronic conditions, including diabetes, obesity, substance abuse/back pain, and fall prevention. The findings were published in the white paper titled, "Podiatric Services Deliver Value and Improved Health Outcomes."



FALL-RELATED INJURIES IN NEW YORK ARE ON THE RISE

Podiatric services help prevent falls for the elderly & at-risk populations.

THE FACTS *

- Every day, **2** older New Yorkers die, **140** are hospitalized, and **223** are seen in emergency departments due to falls.
- Among those **65 and older** who are hospitalized due to falls, **60%** end up in a nursing home or rehabilitation center, **11%** suffer a traumatic brain injury, and **27%** experience a hip fracture.
- In New York alone, falls account for approximately **\$1.7 billion** in hospitalization charges and **\$145.3 million** in outpatient emergency department charges annually.

Podiatrists help reduce the risk of falls by treating the foot, providing patient education, promoting health, and encouraging mobility. According to the NYSPMA study, a literature review demonstrated:

- **A 36 percent reduction of falls** over a 12-month period for individuals with an increased risk of falls who are receiving podiatric interventions.

Key Finding

Inclusion of comprehensive podiatric services in value based payment arrangements will reduce the prevalence of falls among at-risk New Yorkers.

The NYSPMA complete white paper is available upon request. For more information or to find a podiatrist in New York State, visit nyfoothealth.com.

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