



PODIATRIC TREATMENT SAVES LIMBS, LIVES & MONEY

In 2017, the New York State Podiatric Medical Association (NYSPMA) commissioned a study by Navigant Consulting in response to New York State's Medicaid reform to advocate for the value of podiatric services to meet New York's healthcare goals. The NYSPMA study focused on four chronic conditions, including diabetes, obesity, substance abuse/back pain, and fall prevention. The findings were published in the white paper titled, "Podiatric Services Deliver Value and Improved Health Outcomes."

OBESITY + FEET

**NYSPMA Study Shows Podiatric Services Improve Health Outcomes
and Cost Savings Among Obese Patients**

19%
reduction

in the odds of a
subsequent inpatient
admission among
obese persons
receiving services
provided by
a podiatrist.



A savings opportunity up to

\$1.1
billion

in healthcare costs
through reduced
hospitalizations &
other healthcare costs.

Key Finding: Inclusion of comprehensive podiatric services in value-based payment arrangements results in reduced obesity-related hospitalizations and lower healthcare costs.

The NYSPMA complete white paper is available upon request. For more information or to find a podiatrist in New York State, visit nyfoothealth.com.

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