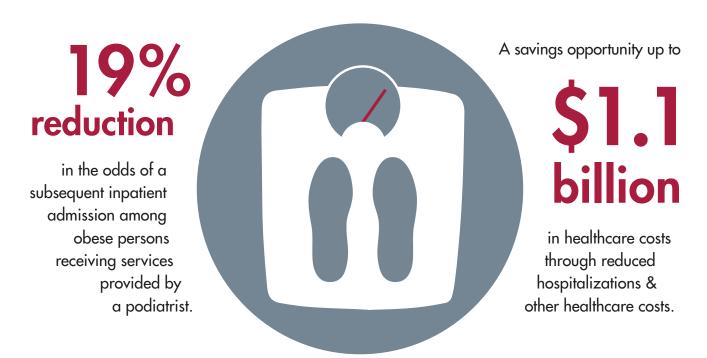


In 2017, the New York State Podiatric Medical Association (NYSPMA) commissioned a study by Navigant Consulting in response to New York State's Medicaid reform to advocate for the value of podiatric services to meet New York's healthcare goals. The NYSPMA study focused on four chronic conditions, including diabetes, obesity, substance abuse/back pain, and fall prevention. The findings were published in the white paper titled, "Podiatric Services Deliver Value and Improved Health Outcomes."

## **OBESITY + FEET**

NYSPMA Study Shows Podiatric Services Improve Health Outcomes and Cost Savings Among Obese Patients



Key Finding: Inclusion of comprehensive podiatric services in value-based payment arrangements results in reduced obesity-related hospitalizations and lower healthcare costs.